

## **People Who Have Made The Best & Quickest Job Transitions...**

- Refuse to view themselves as victims
- Take action after a brief hiatus to collect their thoughts; usually considering severance & unemployment the interim assist that it is
- Readily seek and accept help and the support of others
- Decide to look forward and commit to succeed
- Use this time to re-examine themselves, their situation, and their future goals
- Set a plan in place for self-development
- Stick to a daily routine, using time wisely toward their goals
- Looking forward rather than back
- Allow themselves to see the opportunity in this “forced” change
- Take advantage of any program to facilitate their transition